



Illinois Poison Center
**POISON
HELP**
1-800-222-1222

Complimentary Safety Packet

The 8-1/2" x 5-1/2" four panel safety packet contains:

Inside

Poison
advice you
can trust

Poison Prevention Checklist

- ✓ Request IPC's Complimentary Safety Packet
- Post IPC's first aid recommendations, sticker and magnet in a visible area
- Save 1-800-222-1222 to your phone
- Get more free resources at illinoispoisoncenter.org
- Take the free Poison Prevention Education Course at pperc.illinoispoisoncenter.org
- Visit IPC's blog at ipcblog.org for poison prevention tips and trending topics

First Aid Recommendations



IN THE MOUTH

Do not make the person vomit or give them anything to eat or drink.



ON THE SKIN

Rinse skin well with water. Then wash skin gently with soap and water.



IN THE EYE

Rinse eyes with water for 15 minutes. If you wear contact lenses, remove your contacts before rinsing. Blink eyes multiple times while rinsing.



IN THE AIR

Leave the area and seek fresh air.

For additional assistance, call **IPC** at **1-800-222-1222**.

CALL 911 IMMEDIATELY IF THE PERSON AFFECTED IS NOT CONSCIOUS OR IS NOT BREATHING.

MAGNET &
STICKER

Save our number in your phone and place this sticker near poisonous items to identify them in your home.

90% of poison exposure cases are resolved over the phone, preventing unnecessary emergency healthcare visits.

**IPC is
Here to
Help**

Call 1-800-222-1222, the Illinois Poison Center's helpline, if you are concerned that you or someone else might have been exposed to a potentially harmful substance. Specially trained medical experts are available to take your call 24 hours a day, 7 days a week, 365 days a year. Calls are **free and confidential**.

Follow the **Illinois Poison Center** on social media.



Make Learning Fun

IPC staff can answer questions on a wide range of topics, including the items listed below. Can your child find them?

D D B A T T E R I E S B L N F
M Z O O U H N Z O P E U S W E
V J X C F H S Z M F R T S M Z
B S C H E M I C A L S M R P C
P G C C C I D U X Q E W E J Z
Y L E G O A J T Z D A O N G Y
E D I X O N O M N O B R A C A
F P Z J Y P X N E S K S E Q Z
N O I T A C I D E M A N L J Y
N Y K P L A N T S N T I C F O
K D H Q T U I U T E C M U I R
X R U H H B P K I D E A J T Z
E V S P F N T F N A X T C
K J O W J S Q W G D S I B A
T W S M O O R H S U M V F

Medication
-Plants-
Chemicals
Bites
Stings
Vitamins
Carbon Monoxide
Cleaners
Batteries
Mushrooms

WORD
SEARCH
PUZZLE

Looking for more activities for kids? Visit illinoispoisoncenter.org

Back

My Child Ate...

It happens often. Children eat something they shouldn't have—from sunscreen and diaper cream to crayons and even poop. Get expert advice on what to do next.

Call IPC at 1-800-222-1222 or visit illinoispoisoncenter.org/my-child-ate